

# Life at St. Andrew

[gostandrew.com](http://gostandrew.com)

## Care

[gostandrew.com/support](http://gostandrew.com/support)

Our prayers are with Cheryl Espinoza and Cheri Murphy.

## Coming Up

[gostandrew.com/autumn](http://gostandrew.com/autumn)

### Exploring Baptism

Today | 11:45 am – 12:45 pm

Explore how and why St. Andrew celebrates the sacrament of baptism and find out next steps.

[gostandrew.com/explore](http://gostandrew.com/explore)

### Church Council Meeting

Thursday, October 24 | 7–8 pm

[gostandrew.com/events](http://gostandrew.com/events)

### Trunk or Treat

Sunday, October 27 | 5:30–6:30 pm

[gostandrew.com/youth](http://gostandrew.com/youth)

### Youth Fall Retreat

Friday–Sunday, November 1–3

[gostandrew.com/youth](http://gostandrew.com/youth)

### Grief Group

Begins November 4 | 5:30–7 pm

A facilitated 3-week bereavement group for adults exploring grief themes, the impact of grief, and sharing strategies for navigating grief and loss in a community of trust.

[gostandrew.com/explore](http://gostandrew.com/explore)

### Holiday Progressive Dinners

Dates and time vary

Similar to Dinner with Friends, these events will involve moving between different locations for appetizers/salads, main courses, and desserts.

[gostandrew.com/explore](http://gostandrew.com/explore)

October 20, 2024

## Words for Meditation

"In spite of all similarities, every living situation has, like a newborn child, a new face, that has never been before and will never come again. It demands of you a reaction that cannot be prepared beforehand. It demands nothing of what is past. It demands presence, responsibility; it demands you."

~ Martin Buber

## Scripture

John 8:1–11

## Today's Takeaways

1. In nearly every \_\_\_\_\_ there is an \_\_\_\_\_ if we are brave enough to take it.
2. Peace requires \_\_\_\_\_ and \_\_\_\_\_ the other.
3. Seeing and understanding requires an \_\_\_\_\_ of all \_\_\_\_\_ that makes room for \_\_\_\_\_ and \_\_\_\_\_.

## Today's Questions

1. Can you recall an argument or disagreement that escalated so quickly that it ended in the worst possible way? Was there ever a moment when the worst might have been averted if only you had done something differently?
2. In difficult situations, how do you ground yourself? Are there specific practices that help you become more fully present?

## Today's Notes

Today's service is available on YouTube at [gostandrew.com/online](http://gostandrew.com/online).

# TALK LIKE JESUS



The Power of Nonviolent Communication

# St. Andrew

*Our Vision:* Bringing more love, justice and community into the world.  
*Our Mission:* To love God with our heart, soul, mind and strength, and to love our neighbors as ourselves.

## Current Sermon Series

*Talk Like Jesus:*

*The Power of Nonviolent Communication*

**October 20 – November 3**

Jesus transformed troubled relationships into joy-filled connections. He embodied the values of love, mutual respect, responsibility, and compassion—even in moments of conflict, crisis, and uncertainty. Jesus had a way of communicating with others across social, religious, cultural, and political divides that prioritized relationships over being right and turned adversaries into friends. In this three-part series, we'll learn some of the basic principles of nonviolent communication modeled by Jesus that can restore our frayed relationships and heal our broken world.

October 20 • *Observe*  
John 8:1–11

October 27 • *Feel*  
Matthew 23:37

November 3 • *Make Your Request*  
Luke 19:1–7

## Sign In & Give



Use this QR code to make your online contribution to support the many ministries of St. Andrew. Thank you for your efforts and generosity!

Sign in online to let us know you're worshipping with us today.  
[gostandrew.com/maincampus](http://gostandrew.com/maincampus)



# You Belong Here.

St. Andrew is an open, affirming, inclusive congregation that welcomes saints and sinners, believers and skeptics, the lost and the found, the wonderers and the wanderers, families of all shapes and sizes, and people from every point along life's journey.

**No matter who you are, where you've been, what you believe, or whether you even believe at all, you are welcome here.**

We embrace the message of Jesus that everyone is loved by God and affirm that all persons are of sacred worth. Regardless of your age, race, ethnicity, sexual orientation, gender identity, education, marital status, physical and mental capacities, or faith history—you belong here. Just as you are.

**Welcome home.**

## Worship Team

Rev. Mark Feldmeir – Senior Pastor

Rev. Amy Stapleton – Executive Pastor

Rev. Jerry Butler – Pastor of Education and Formation

Rev. Barb Sholis – Pastor of Senior Adult Ministries | Wind Crest

Mark Zwilling – Director of Music and Arts

Larry Scalfari – Associate Director of Music

Justin Bullis – Director of Production and Contemporary Music

Carlee Andrus – Director of Hospitality and Community Life

Micah Besaw – Production Manager

## Connect with Us

9203 S. University Blvd.  
Highlands Ranch, CO 80126

[info@gostandrew.com](mailto:info@gostandrew.com)

Church Office: (303) 794-2683

## Worship Gatherings

### Sundays:

Chapel Service 8 am

Sanctuary 9 & 10:30 am  
and Livestream

## Digital Connection

**Website:** [gostandrew.com](http://gostandrew.com)  
[gostandrew.com](http://gostandrew.com)



[@gostandrew](https://www.instagram.com/gostandrew)

### Online Worship:

[gostandrew.com/online](http://gostandrew.com/online)

### Podcast:

StAndrewUMC

**Contact Us:** [gostandrew.com/contact](http://gostandrew.com/contact)



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