

# Life at St. Andrew

[gostandrew.com](http://gostandrew.com)

## Care

[gostandrew.com/support](http://gostandrew.com/support)

Our prayers are with all who grieve and are in need of care this day.

## Coming Up

[gostandrew.com/autumn](http://gostandrew.com/autumn)

### Grief Group

**Begins November 4 | 5:30–7 pm**

A facilitated 3-week bereavement group for adults, sharing strategies for navigating grief and loss in a community of trust.

[gostandrew.com/support](http://gostandrew.com/support)

**Chapel Open for Prayer and Grounding  
Tuesday, November 5**

**9 am – 6 pm | Communion at Noon**

[gostandrew.com/events](http://gostandrew.com/events)

**Crafted Conversations and Fellowship  
Thursday, November 7 | 6–8 pm**

Men's event at Lone Tree Brewing.

[gostandrew.com/men](http://gostandrew.com/men)

### Prime Time

**Friday, November 8 | 11:30 am – 1 pm**

Register by November 5; 303-351-0096.

[gostandrew.com/seniors](http://gostandrew.com/seniors)

**Quilts of Valor Presentation & Luncheon  
Sunday, November 10 | 11:45 am – 1pm**

Come honor our Veterans! Includes Piece-makers' *Pay it Forward* sale from 9 am – 1pm.

[gostandrew.com/events](http://gostandrew.com/events)

### Holiday Progressive Dinners

**Dates and time vary**

Register by November 15.

[gostandrew.com/life](http://gostandrew.com/life)

### Blood Drive

**Saturday, November 16 | 8:30 am – 12:30 pm**

[gostandrew.com/men](http://gostandrew.com/men)

November 3, 2024

## Words for Meditation

"Would you ever take a risk and do something unthinkable, like inviting your enemy to sit down and eat bread and drink wine with you, if it meant that, by doing so, you might be saving the whole world?"

~ Rev. Mark Feldmeir

## Scripture

**Luke 19:1–10**

## Today's Takeaways

1. Jesus goes \_\_\_\_\_ those whom we go \_\_\_\_\_ to \_\_\_\_\_.
2. When we know what we really \_\_\_\_\_, we know what to \_\_\_\_\_.
3. Maybe our \_\_\_\_\_ is just one \_\_\_\_\_ away.

## Today's Questions

1. Can you think of someone whom you tend to go out of your way to avoid? Someone in whose presence you are never at peace?
2. What are Rosenberg's three suggestions for making a "request?"

## Today's Notes

Today's service is available on YouTube at [gostandrew.com/online](http://gostandrew.com/online).

# TALK LIKE JESUS



The Power of Nonviolent Communication

# St. Andrew

*Our Vision:* Bringing more love, justice and community into the world.  
*Our Mission:* To love God with our heart, soul, mind and strength, and to love our neighbors as ourselves.

## Current Sermon Series

*Talk Like Jesus:*

*The Power of Nonviolent Communication*

October 20 – November 3

Jesus transformed troubled relationships into joy-filled connections. He embodied the values of love, mutual respect, responsibility, and compassion—even in moments of conflict, crisis, and uncertainty. Jesus had a way of communicating with others across social, religious, cultural, and political divides that prioritized relationships over being right and turned adversaries into friends. In this three-part series, we'll learn some of the basic principles of nonviolent communication modeled by Jesus that can restore our frayed relationships and heal our broken world.

October 20 • *Observe*  
John 8:1–11

October 27 • *Feel*  
Matthew 23:37, 5:4

November 3 • *Make Your Request*  
Luke 19:1–10

## Sign In & Give



Use this QR code to make your online contribution to support the many ministries of St. Andrew. Thank you for your efforts and generosity!

Sign in online to let us know you're worshipping with us today.  
[gostandrew.com/maincampus](http://gostandrew.com/maincampus)



# You Belong Here.

St. Andrew is an open, affirming, inclusive congregation that welcomes saints and sinners, believers and skeptics, the lost and the found, the wonderers and the wanderers, families of all shapes and sizes, and people from every point along life's journey.

No matter who you are, where you've been, what you believe, or whether you even believe at all, you are welcome here.

We embrace the message of Jesus that everyone is loved by God and affirm that all persons are of sacred worth. Regardless of your age, race, ethnicity, sexual orientation, gender identity, education, marital status, physical and mental capacities, or faith history—you belong here. Just as you are.

**Welcome home.**

## Worship Team

Rev. Mark Feldmeir – Senior Pastor

Rev. Amy Stapleton – Executive Pastor

Rev. Jerry Butler – Pastor of Education and Formation

Rev. Barb Sholis – Pastor of Senior Adult Ministries | Wind Crest

Mark Zwilling – Director of Music and Arts

Larry Scalfari – Associate Director of Music

Justin Bullis – Director of Production and Contemporary Music

Carlee Andrus – Director of Hospitality and Community Life

Micah Besaw – Production Manager

## Connect with Us

9203 S. University Blvd.  
Highlands Ranch, CO 80126

[info@gostandrew.com](mailto:info@gostandrew.com)

Church Office: (303) 794-2683

## Worship Gatherings

### Sundays:

Chapel Service 8 am

Sanctuary 9 & 10:30 am  
and Livestream

## Digital Connection

**Website:** [gostandrew.com](http://gostandrew.com)

   [@gostandrew](https://www.instagram.com/gostandrew)

### Online Worship:

[gostandrew.com/online](http://gostandrew.com/online)

**Podcast:** [StAndrewUMC](https://www.standrewumc.org/podcast)

**Contact Us:** [gostandrew.com/contact](http://gostandrew.com/contact)



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