



# Rain or Shine: Trusting God in every season

Resilience is getting back up  
when something gets you  
down.



**MEMORY VERSE**

Be strong, all you who put  
your hope in the LORD.  
Never give up.  
Psalm 31:24, NIV

**Week One**

**Jesus Wept**  
John 11:1-45

When you're sad, remember you're not  
alone.

**Week Two**

**Do Not Worry**  
Matthew 6:25-34

When you're worried, trust God.

**Week Three**

**Slow to Anger**  
James 1:19

When you're angry, talk to God.

**Week Four**

**Paul and Silas**  
Acts 16:16-40

God can help you choose joy.

# Elementary

ENGAGE IN EVERYDAY MOMENTS TOGETHER



**Morning Time**

As your kid starts their day, tell them  
"Jesus is there to help you with whatever  
you face today."



**Meal Time**

At a meal this week, have everyone at the  
table answer this question: "When is a time  
you have been sad lately?"



**Drive Time**

While on the go, ask your kid: "Who is  
someone who makes you feel better when  
you're sad?"



**Bed Time**

Pray for each other: "Jesus, thank You that  
You care about how we feel. We know that  
sometimes we will feel sad. But even when  
we're sad, You are still with us and You care  
about us."

**More Ways to  
Engage with  
Your Kid**

**Faith &  
Character  
Activities**



**Worship Song  
of the Month**



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