# Life at St. Andrew gostandrew.com

## Care

gostandrew.com/support

Our prayers are with Sheri Pennington.
Our sympathy is with Cindy Williams on the death of her father; Jeff Gates on the death of his brother; and the family of Thane Tasto on his death.

# **Coming Up**

gostandrew.com/events

Community Picnic in the Park
Sunday, May 4 | 4–6 pm | Civic Green Park
Special stage music by Crowded Table
RSVP today at gostandrew.com/life

Earth Day Green Fair Today | 8:30 am - 12 pm | Atrium gostandrew.com/justice

Exploring St. Andrew – Virtual class Today | 6:30–8 pm

Handbell Choir Concert Monday, April 28 | 7:30 pm gostandrew.com/events

All Brain and No Soul? – Webinar Tuesdays, April 29 – May 13 | 6:30–8:30 pm gostandrew.com/studies

Big Serve – 10 Years Strong! Saturday, May 3

Limited volunteer spots remaining! gostandrew.com/bigserve

Five Marks of a Methodist Sundays, May 4 – June 15 | 10:30–11:30 am gostandrew.com/studies

Prime Time Friday, May 9 | 11:30 am – 1 pm Register by May 6 at 303-351-0096. gostandrew.com/seniors April 27, 2025

#### Words for Meditation

"Joy is a pilgrim virtue. It cannot be held at heel; it must be let go. It is a gift that walks with us."

– Pope Francis, Gaudete et Exsultate

#### Scripture

1 Peter 1:3-9

## Today's Questions

- 1. How can joy serve as resistance or resilience in our own moments of struggle or fear?
- 2. In what ways does joy—or the lack of it—affect how the church is perceived by others?
- 3. What is one way you can "shine your light" this week so others might see the joy of Christ?

#### Today's Notes



# St. Andrew

Our Vision: Bringing more love, justice and community into the world. Our Mission: To love God with our heart, soul, mind and strength, and to

#### Sermon Series

At the End of the Day: 7 Questions for Mindful Living

The Apostle Paul once wrote, "Test yourselves to make sure you are solid in the faith. Don't drift along taking everything for granted. Give yourselves regular checkups. You need firsthand evidence... that Christ is in you. Test it out." (2 Corinthians 13:5, The Message)

With those words, Paul urges us to take inventory of our lives daily—to "review the tapes" to see where we might have lived up to our faith, and where we might have fallen short. In this series, we'll put a new twist on an old form of prayer called "The Examen" which gives us a formula for intentional self-examination at the end of each day. How can we yield our own will to God's purposes if we are not conscious of our own shortcomings? How can we see where God has shown up in our lives if we do not reflect on the experiences and encounters of our day? Join us as we explore 7 questions for honest self-examination at the end of our

May 4 • Have the ears of my heart opened to the voice of God?

May 11 • Have the ears of my heart opened to the needs of others?

May 18 • Have the eyes of my heart beheld the Divine image in all things?

May 25 • Break in sermon series – Rev. Chris Jorgensen, guest preacher

June 1 • Is there anyone, including myself, whom I need to forgive?

June 8 • What do I know, but live as though I do not know?

June 15 • When did I experience my heart opening wide today?

June 22 • What is the one thing in my life that needs my attention?

## Sign In & Give



Use this QR code to make your online contribution to support the many ministries of St. Andrew. Thank you for your efforts and generosity!

Sign in online to let us know you're worshipping with us today. gostandrew.com/maincampus



# You Belong Here.

St. Andrew is an open, affirming, inclusive congregation that welcomes saints and sinners, believers and skeptics, the lost and the found, the wonderers and the wanderers, families of all shapes and sizes, and people from every point along life's journey.

No matter who you are, where you've been, what you believe, or whether you even believe at all, you are welcome here.

We embrace the message of Jesus that everyone is loved by God and affirm that all persons are of sacred worth. Regardless of your age, race, ethnicity, sexual orientation, gender identity, education, marital status, physical and mental capacities, or faith history—you belong here. Just as you are.

Welcome home.

# **Worship Team**

Rev. Mark Feldmeir – Senior Pastor

Rev. Amy Stapleton - Executive Pastor

**Rev. Jerry Butler** – Pastor of Education and Formation

Rev. Barb Sholis - Pastor of Senior Adult Ministries | Wind Crest

Mark Zwilling – Director of Music and Arts

Larry Scalfari – Associate Director of Music

**Justin Bullis** – Director of Modern Music

Carlee Andrus – Director of Hospitality and Community Life

Micah Besaw - Production

# Connect with Us

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info@gostandrew.com

Church Office: (303) 794-2683

# **Worship Gatherings**

#### **Sundays:**

**Chapel Service** 

8 am

Sanctuary and Livestream 9 & 10:30 am

# **Digital Connection**

Website:

gostandrew.com







@gostandrew

#### **Online Worship:**

gostandrew.com/online

Podcast:

**StAndrewUMC** 

Contact Us: gostandrew.com/contact



Scan to receive emails about what's happening around St. Andrew.

Today's service is available on YouTube at gostandrew.com/online.